



Confirmation Sponsor Information

2025

Table of Contents

Sponsor Letter	4-5
Sponsor Form	6
Sponsor Contact Information	7
Sponsor Recommendation Letter Information	8

Sponsor Letter

Dear Sponsor,

Congratulations on being asked to be a Confirmation sponsor! It is a blessing, an honor & a great responsibility to be chosen to assist a candidate as they continue to discover & deepen their faith. This letter will serve as a guide for you to know what a sponsor is & what is expected of you. **Thank you** for considering this opportunity.

What is a sponsor?

A sponsor is intended to be a spiritual guide & mentor to the Confirmation candidate. (Catechism 1311). They are a representative of the church community who will support & guide the candidate as they embark on the full sacramental life in the Church. During the preparation for Confirmation, the sponsor should build a strong spiritual relationship with the candidate because the role is not ceremonial, it is intended to be a lifelong commitment!

The sponsor's role according to the Code of Canon Law (892), *"is to take care that the confirmed person behaves as a true witness of Christ & faithfully fulfills the obligations inherent in this sacrament."* Good sponsorship flows from walking with the candidate, sharing your own faith story & experience, and listening to his or her story. As you accompany your candidate throughout the preparation process, your role includes affirming the strengths of your candidate & pointing out ways he or she can grow & become better in the practice of faith.

Traits of a Sponsor –

- An active faith life
- Consistent prayer life
- Attend Mass Every Sunday
- Frequent Reconciliation
- Live a Catholic life committed to moral choices guided by faith
- Mentor
- Empathetic listening

Sponsor's Checklist

- Fill out & submit the attached Sponsor Form by March 4th**
- Write a Recommendation Letter for your Confirmand (confirmation candidate) **June 4th**
- Mark the date of the celebration of Confirmation in your calendar
- Meet at least monthly to discuss your candidate's faith journey
- Pray with & for your candidate
- Find a service project to complete with your candidate (serve the Church together)
- Encourage your candidate to attend Sunday Mass & reconciliation


Some questions to ask your candidate as you get started on this journey together:

- What is something new you have learned about the Catholic faith recently?
- How do you pray? What are some places you pray? Do you have specific prayers you like?
- What are some obstacles you face when it comes to prayer?
- Do you believe you are loved by God?
- What are some struggles you have with Church teaching? Are there any topics you would like to know more about?
- How do you feel about going to Mass? Is there anything you do not understand?
- Which gift of the Holy Spirit would you most like to possess?
- Share an experience from the past 24 hours where you recognize the Holy Spirit's presence

Some Activities / Challenges to offer your candidate –

- Go to confession (offer to take them if you are comfortable)
- Journal for 10-15 minutes each day
- Try Lectio Divina
- Start your day thanking God
- Try fasting one day a week
- Pray a rosary once per week
- Spend 10 minutes in silence daily
- Spend 10 minutes in pray – offering God the good moments & the bad
- Go to adoration – try to go together!

We are praying for you and your candidate as you journey together!

 <p>Immaculate Heart of Mary Catholic Church & School</p>	<p>Mrs. Stacie Byers Middle School Youth Minister ~Lifeteen Area Contact~</p> <hr/> <p>✉ youth@ihmparishgr.org ☎ 616.241.4477 ext.1115 🌐 www.ihmparish.com 📍 1935 Plymouth Ave SE, Grand Rapids, MI 49506</p>
<p><i>"I'm praying for you, please pray for me!" ~ Father Mike Schmitz</i></p>	



Sponsor Form

Certificate of Sponsorship for Confirmation

I acknowledge that to serve as a sponsor I must meet the following criteria:

- I am a Catholic who has been Confirmed & who is currently receiving the Sacrament of the Eucharist Yes__No__
- I am at least 16 years of age Yes__No__
- I will undertake the ministry of a sponsor and promise to lead a life of faith In harmony with that ministry. Yes__No__
- I affirm that I am not the parent of the child to be confirmed. Yes__No__

If therefore, you seek to be admitted as a sponsor & are convinced that you qualify in accord with the conditions listed above, kindly make the following solemn affirmation:

I, (print full name) _____, a practicing Catholic who seek to be admitted as a sponsor, solemnly affirm that I fulfill the requirements of the Catholic Church for this role as presented above. I intend, with the grace of God, to continue the practice of my Catholic faith, & I will, to the best of my ability, carry out the obligations of my role as a sponsor.

Signature: _____ Date: _____

Name of candidate for Confirmation: _____

(For Office Use)

<p>I hereby testify that _____ is a registered member of _____ Parish & has affirmed that he/she fulfills all of the requirements to serve as a sponsor for the Sacrament of Confirmation.</p> <p>Priest / Deacon Signature _____ Date: _____</p>



Sponsor Contact Information

Full Name: _____
First Middle Last

Mailing Address: _____

Mobile #: _____ Email: _____
Relationship to Confirmand (cannot be parent): _____

Sacramental History:

1. Parish of Baptism: _____
Address: _____

2. Parish of Confirmation: _____
Address: _____

3. Parish you are Currently Registered / Attending: _____
Address: _____

Phone: _____
Pastor's Name: _____
Pastor's Signature: _____

(For Office Use)

Sponsor For: _____ Date: _____
Notes: _____



Sponsor Recommendation Letter Instructions

This is your (confirmation sponsor) opportunity to share what you have done with the candidate during the discernment period of their preparation.

The letter should include:

- *A summary of your Adoration Hour together
- *Your interview with the candidate.
- *What are your thoughts & feelings about these experiences?

- *Include your opinion on the candidate's readiness for the Sacrament of Confirmation.
- *Please include any other thoughts you think are important for Fr. Troy to know, as he will be reading these recommendations.

Send the recommendation letters to:

Email: youth@ihmparishgr.org

Subject Line: Recommendation Letter for *Candidate Name*

Address the letter to Fr. Troy Nevins