



# ADORATION NEWS

Immaculate Heart of Mary  
Chapel of the Holy Eucharist



September , 2018

## **Do You *Prepare* For Adoration?**

(First in an a series discussing Adoration prodedures and ideas)

Many of us do not *prepare* for Adoration before arriving at the chapel unless we have a particularly pressing need or life issue. Most of the time, we do not even think about it *until we arrive* at the *Chapel of the Holy Eucharist*. Often hurried due to our schedules or traffic problems, we arrive at the Chapel and need 5 or 10 minutes to wind down and focus on why we are at the chapel in the first place. Consider before leaving home, tell Jesus why you are coming to visit Him. Call to mind, and put in order, your intentions and desires. Consider saying the following prayer:

***Jesus, I am coming to visit you today because I love You, and I really want to know you better so I can grow in faithfulness and become the person You created me to be.***

***I am coming to ask for the grace I need to do the things You want me to do.***

***I am also coming to pray for .....(your intentions)***

## **Adoration Participation Trending Upward!**

During the past few months, registration by Adorers visiting the Chapel of The Holy Eucharist has trended upward. This is a positive sign! Your efforts, whether covering an assigned hour, substituting for another Adorer, or simply stopping in to visit, are appreciated!

Please remember to sign the registration book on the counter in back of the chapel as you enter. This is the only way to register your presence in the Chapel at the present time; and it is our only way to track chapel traffic. Even if you are only going to be in the Chapel for a short period, please register.

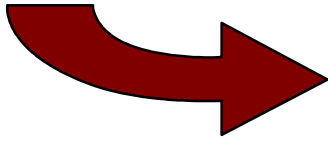
Here is a summary hours during which the Chapel was open and number of visitors/Adorers:

May, 2018: Chapel open 552 hours / 610 visitors 110.5%

June, 2018: Chapel open 504 hours / 637 visitors 126.4%

July, 2018: Chapel open 528 hours / 867 visitors 164.2%

St. Pope John Paul II's  
statement on the  
importance of Adoration  
of the Blessed Sacrament.



"The best, the surest and the most effective way of establishing PEACE on the face of the Earth is through the great power of Perpetual Adoration of the Blessed Sacrament."

*Pope John Paul II*

## Why Do We Pray?

Sometimes, we do things with sincere conviction, but we do them without really thinking why or for what reason. That situation can affect our prayer life too.

An easy acronym to remember and think about as we pray is *ACTS*. These four letters neatly summarize the reasons for prayer. If you are old enough, you may recall similar reasons for prayer from the *Baltimore Catechism!*

### ACTS:

**Adore** - We come before God and Adore him for his greatness. Tell God how much you appreciate Him in your life. Express your love for Him. Praise His power and majesty. This is a great way to begin your prayer time. You should never run out of praise. *"How awesome are your deeds!"*  
*-Psalms 66:3*

**Confess** - Tell God where you fell short. Be specific. Thank Him for forgiveness in Christ, and ask for help and strength to turn away from temptations. *"If we confess our sins, He is faithful and just, and will forgive us our sins and purify us from all unrighteousness."* -1 John 1:9

**Thank** - There are many reasons to Thank God! Thank Him for His love, His faithfulness, His patience. Express gratitude for what He is doing in your life. Thank Jesus for dying on the cross for you. Thank the Holy Spirit for dwelling in you, being your conscience and your counselor and that "still, small voice." *Always "glorify him with thanksgiving"* -Psalms 69:30

**Supplicate** - Tell God what you want, no matter how small or how large. You should have lots of intercessory prayer here. Include intercessions for yourself, your family, your country, your Church (See page 3!) ...And be open to accepting God's answer to your requests. *"Make your requests known to God."* -Philippians 4:6

## **Adoration Prayer Request for September**

### **"Pray For Our Church in the Midst of Scandal"**

The horrific Church scandals dominating recent headlines are not just a punch in the gut for Catholics—they're taken as sign by some skeptics, Protestants, and even non-practicing Catholics that they are doing the right thing by steering clear of the Faith.

***What can we do?*** Most importantly, pray that God ultimately provides justice for the victims and the perpetrators, in this life and the next, and that he will bring good out of even the gravest evils—as he did with the death of his own Son, which brought about the salvation of the world. As the Catechism says, ***"The fact that God permits physical and even moral evil is a mystery that God illuminates by his Son Jesus Christ who died and rose to vanquish evil. Faith gives us the certainty that God would not permit an evil if he did not cause a good to come from that very evil, by ways that we shall fully know only in eternal life"*** (324).

See more details at :

<https://www.catholic.com/magazine/online-edition/discussing-the-scandal-dos-and-donts>

### **Welcome New Adorers and Substitutes !!**

#### **New Adorers:**

Dennis Cummings  
Crystal Cummings

#### **Scheduled Day / Time**

Friday 11 PM  
Friday 8 PM

#### **New Subs:**

Mary Kay Schumar  
Michelle David  
Geri Kartes  
Karen Weber  
Joan Bellamy  
Cheryl Heintz  
Colleen Lowe

#### **Times Available**

Anytime.  
Days & Evenings.  
Tuesday: 10 AM to 6 AM.  
Anytime.  
Any day: 8 AM to 10 PM.  
M/W/F: Afternoons and evenings.  
Monday-Friday: 5 PM - 9 PM.:

### **Adoration-Pro Software!**

***We continue to work out the details for the complete use of Adoration Pro Software.***

***In the meantime, you can use the system to find subs, and if you have not registered yet, please go to the site:***

[www.adorationpro.org/ihmmi](http://www.adorationpro.org/ihmmi)